

The people behind it...

Sara Richter
Executive Director

Marshall Richter
Program Director



Sara & Marshall, with Cowboy

Big Bear Therapeutic Riding Center

MISSION STATEMENT

To provide a place that allows people with disabilities to strive for independence and improve their self-confidence through the interaction with horses, in a safe and natural setting while developing a love for both nature and animals.



Let Me Teach You *by Willis Lamm*

When you are tense,
let me teach you to relax.

When you are short tempered,
let me teach you to be patient.

When you are short sighted,
let me teach you to see.

When you are quick to react,
let me teach you to be thoughtful.

When you are angry,
let me teach you to be serene.

When you feel superior,
let me teach you to be respectful.

When you are self absorbed,
let me teach you to think of greater things.

When you are arrogant,
let me teach you humility.

When you are lonely,
let me be your companion.

When you are tired, let me carry the load.

When you need to learn, let me teach you.

After all, I am your horse.



Big Bear Therapeutic Riding Center



La'Rissa and Cowboy getting acquainted!

*“Where Cowboys...
can still touch
a young child's heart”*



What?

Big Bear Therapeutic Riding Center is a program that will not only teach participants how to ride a horse but also how to care for the horse. The participants will learn to groom, tack, feed, and lead the horse. When it comes to the riding aspect, the participants will learn to control the horse with the help of a leader and side-walkers.

Big Bear Therapeutic Riding Center will also utilize the help of volunteers. Volunteers will be trained to be horse leaders and side-walkers to insure our participants' safety and fun!

Where?

The Big Bear Therapeutic Riding Center is based out of Shay Meadows Ranch.
1635 Shay Rd.
Big Bear City, CA 92314
Tel: (909) 585-0512



Why?

Therapeutic riding has been proven to make a huge difference in the lives of people with disabilities. Therapeutic riding touches the mind, body and spirit of it's riders.

Some benefits of therapeutic riding are:

Social Skills:

- Positive self-awareness
- Learning to be part of a team, with a horse!
- Responsibility
- Communication
- Increased confidence

Physical Skills:

The horse rhythmically and naturally moves the body in a manner similar to the human gait therefore improving:

- Posture
- Balance
- Muscle control
- Circulation

Educational Motivation:

- Learn shapes and colors
- Sequencing and counting
- Hand and eye coordination

Psychological:

- Provides confidence & achievement
- Increased interest in the outside world
- Motivates interest in ones' self
- Teaches patience
- Gives a sense of equality with other riders
- Supports empowerment

And many more!.....

Come and meet our 1st horse!



We are proud to announce that Big Bear Therapeutic Riding Center (BBTRC) received its first horse.

Meet Cowboy...



Cowboy was a donated horse from Malibu. Although we don't know what he did before he came to us, he was given to us in order to provide him a good home where he would be loved by many. Cowboy is an Appaloosa Quarter Horse. He is 18 years old and loves carrots. Please come be a part of our new family and we hope to see you at the ranch!

Donations

If you would like to support the Big Bear Therapeutic Riding Center please fill out the following information and send your tax deductible donation to the following;

Big Bear Therapeutic Riding Center
1044 G Lane
Big Bear City, CA 92314

Name: _____

Address: _____

City: _____

State: _____ **Zip:** _____